



MENTAL HEALTH EUROPE – SANTE MENTALE EUROPE aisbl
Boulevard Clovis 7, B-1000 Brussels
Tel +32 2 280 04 68 - Fax +32 2 280 16 04
E-Mail: info@mhe-sme.org
www.mhe-sme.org

NATIONAL FOCAL POINTS TRAINING Brussels, 12-13 March 2009

PROGRAMME

GENERAL INFORMATION

Time schedule:

- arrival of participants: Wednesday 11 March resp. Thursday 12 March 2009 in the morning
- full day training on Thursday 12 March 2009
- training continued on Friday morning 13 March until after lunch (± 14.00 pm)

Venue:

Hôtel du Congrès, rue du Congrès 42, B-1000 Brussels, tel : 02/217 18 97

Working languages :

English (and French if needed)

Hotel accommodation:

Hôtel du Congrès, rue du Congrès 42, B-1000 Brussels, tel : 02/217 18 97

Financial issues:

- travel costs: Mental Health Europe will pay for your travel costs (if at a reasonable price: economy class flights; train 1st class). Please book your tickets well in advance in order to have a good rate. (Electronic) tickets and boarding passes must compulsory be sent to Mental Health Europe after the training.
- hotel: will be booked and paid by Mental Health Europe
- meals: will all be provided from Wednesday evening dinner to Friday lunch
- local transport: will be reimbursed by Mental Health Europe

Mental Health Europe will provide you with an expenses claim form, to be duly completed and signed, and returned to the MHE secretariat by 15 April 2009 at the latest.

The training is made possible thanks to the support of PROGRESS, the European Community Programme for Employment and Social Solidarity (2007-2013).

TRAINING PROGRAMME

Thursday 12 March 2009

- 09.30 – 10.00 **Welcome**
Introduction on the Mental Health Europe Work Programme and the role of the National Focal Points
Mary Van Dievel, MHE Director
- 10.00 – 11.00 **Presentation of their current activities by the training participants**
All
- 11.00 – 11.30 Break
- 11.30 – 13.00 **Introduction on the EU institutions, decision-making procedures and recent policy developments regarding mental health and social exclusion**
Astrid Mechel, MHE Social Policy Officer
- 13.00 – 14.00 Lunch
- 14.00 – 15.30 **How to lobby national/local/regional authorities?**
Jos Sterckx, Director Kleis
- 15.30 – 16.00 Break
- 16.00 – 17.30 **Lobbying of national Members of European Parliament in view of the European elections (June 2009)**
Astrid Mechel, MHE Social Policy Officer
- 19.00- ... **Dinner with participants in the “Taverne du Passage”**
(Galerie de la Reine 30, 1000 Brussels, Tel: 02/512.37.31)

-> 18:45 Meeting in the hotel lobby to walk to the restaurant together

Friday 13 March 2009

- 09.00 – 10.00 **Working with the Media – Short introduction**
Mary Van Dievel, MHE Director
- 10.00 – 10.45 **The UN Convention on the Rights of Disabled People –
Short introduction re. the links with mental health issues**
Roselyne Bourgon, MHE Human Rights Officer and Josée Van
Remoortel, MHE Senior Policy Adviser
- 10.45 – 11.15 Break
- 11.15 – 12.30 **How to find funding for the European work of the MHE
National Focal Points**
Discussion with all the participants
- 12.30 – 13.00 **Feedback session**
All participants
- 13.00 – 14.00 **End of training and lunch in the “1000 BXL”**
(Address: Rue du Nord 9-11, 1000 Brussels, Tel: 02.514.09.55;
→ we will walk there together)

Directions

Hotel and venue of the meeting:

Hôtel du Congrès
Rue du Congrès, 42
B-1000 Brussels
Tel: +32-2-217 18 90

...from the airport ...

The best way to get from Brussels airport (Zaventem) to the Central station is to take the train (there are trains leaving every 20 minutes and each way costs ca. 3,50 Euro).

...from the central station...

Once you are at the **Central Station**, you can take a bus to the Hôtel du Congrès (bus n° 63 or 29) and get off at the bus stop called "Congrès". You can buy a bus ticket on the bus and one way costs 2,00 Euro. You are then on the rue du Congrès and the hotel is about 2 minutes away.

It is also possible to walk to the hotel from the Gare Centrale. Just take the Rue des Colonies up, take a left and walk up Rue Royale. Take a right on Rue du Congrès and the hotel is the number 42-44. It takes about ten minutes.
(See also map attached)

...by car...

From your destination to the Hotel du Congrès, consult e.g.: www.mappy.be

Please note that in the area of the Hotel du Congrès there are no free parking spaces available!!!