



MENTAL HEALTH EUROPE – SANTE MENTALE EUROPE aisbl
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NATIONAL FOCAL POINTS TRAINING
Athens, 19-20 February 2009

TRAINING PROGRAMME

GENERAL INFORMATION

Venue:

32 Amalias Street, 3rd floor
GR-10558 Athens
Tel +30 210 32 33 401

Working language:

English

Hotel accommodation:

Hotel Philippos
3 Mitseon Street
Acropolis, Athens
Tel +30 210 922 36 11

Financial issues:

- travel costs: Mental Health Europe will reimburse your travel costs (if at a reasonable rate! Flights: economy – Train: first class)

Please book your tickets well in advance to get a good rate.

(Electronic) tickets and boarding passes must compulsory be joined to your expenses claims.

- hotel: has been booked for your by the Greek Society for Mental Health and Social Psychiatry. Mental Health Europe will pay your accommodation (hotel and breakfast) for 2 nights but cannot reimburse extras (such as telephone calls made from your room, mini-bar etc.)

- meals: will all be provided, from Wednesday evening until Friday lunchtime

Please carefully read the GUIDELINES before travelling to Athens!

The expenses claim forms should be duly completed and returned to the MHE Secretariat by 15 March 2009 at the latest.

This training is made possible thanks to the support of PROGRESS, the European Community Programme for Employment and Social Solidarity (2007-2013)

TRAINING PROGRAMME

Wednesday 18 February 2009:

19:45 Meeting in hotel lobby in order to go together to the restaurant

Thursday 19 February 2009:

09.30 – 10.00 **Welcome**
Introduction on the MHE Work Programme and the role of the National Focal Points
Mary Van Dievel, MHE Director

10.00 – 11.00 **Presentation of the current activities by the training participants**
All

11.00 – 11.30 Break, with refreshments

11.30 – 13.00 **Introduction to the EU institutions, decision-making procedures and recent policy developments regarding mental health and social inclusion**
Astrid Mechel, MHE Social Policy Officer

13.00 – 14.00 Lunch

14.00 – 15.30 **How to lobby national/local/regional authorities?**
Menelaos Theodoroulakis (tbc)

15.30 – 16.00 Break, with refreshments

16.00 – 17.30 **Lobbying of national members of European Parliament in view of the European elections (June 2009)**
Astrid Mechel, MHE Social Policy Officer

19.30 - - Dinner with all training participants
Meeting in the hotel lobby.

Friday 20 February 2009

- 09.00 – 10.00 **Working with the Media – Short introduction**
Mary Van Dievel, MHE Director
- 10.00 – 10.30 **The UN Convention on the Rights of Disabled People –
Short introduction re. the links with mental health issues**
Mary Van Dievel, MHE Director
- 10.30 – 11.00 Break, with refreshments
- 11.00 – 12.00 **How to find funding for the European work of the MHE
National Focal Points?**
All participants
- 12.00 – 12.45 **Feedback session**
All participants
- 13.00 – 14.00 **Lunch and end of training**

LOCATION AND TRANSPORT

TRAINING VENUE – DAY CENTRE FOR THE PSYCHOLOGICAL SUPPORT OF PATIENTS WITH CANCER

The training venues address is:

32 Amalias st. Postcode 10558 / 3rd Floor

Tel. +30 210 32 33 401

This is within walking distance from Philippos hotel. See map attached.

Our colleague Ms Ageliki Sarikou will pick you up from the hotel reception in the mornings so you can walk to the training venue (9:20AM on Thursday 19th February and 8:50 AM on Friday 20th February).

HOW TO GET TO THE HOTEL FROM THE AIRPORT

Hotel Philippos

3 Mitseon str. Acropolis, Athens, Greece Tel: +302109223611

Email: philippos@herodion.gr

www.philipposhotel.gr

Philippos Hotel is located in the heart of the old city district, only a two minutes walk from the Acropolis, the Plaka, the Herodus Atticus ancient theater and the new museum of the Acropolis. The Metro Station Acropolis is a few steps away from the hotel as well as the tramway station, only one stop away from the main shopping and business areas.

How to get there

Athens International Airport

All Domestic and International flights of all airlines operate from the New Athens International Airport "El. Venizelos".

You can get information on Arrivals and departures from the official airport site:

<http://www.aia.gr>.

You have three choices on how to reach the hotel Philippos: By bus and then metro, By Train and Metro and by Taxi. (Normally there is a direct Metro line from the airport to the city centre but due to works this will be unavailable in February).

1) By BUS

Athens International Airport (ATH) is 31 km (20 miles) from the city. **Express Bus no. 95** runs from/to the airport and from/to Syntagma Square station 15-20 minutes 24 hours a day. The bus stops opposite the Syntagma Metro Station. You can then take the underground metro. The hotel is one stop away from Syntagma at Acropolis Metro station (Direction Aghios Dimitrios).

Cost: Euro 3,00

2) By Train (Proastiakos). The train runs to and from the airport to Larissis train station every half hour from 06:00 till 24:00. From Larissis train station you can continue to the hotel using Metro (Direction Aghios Dimitrios) and get off at Acropolis station.

Cost: Train Euro 6,00 + Metro Euro 0,70

3) Taxi services are available to the city center. Flag starts at EUR 1,50 and there is a surcharge of approximately EUR 3,00 for taxis from the airport and EUR 0,20 for each piece of luggage over 10kg. Therefore, you should expect to pay between EUR 30,00-35,00 during day time and EUR 40,00 - 45,00 during night time to reach our hotel. Trip time differs from 45 min to 1 hour depending on traffic. Please ask the driver to give you an approximate cost of the fair to the hotel as there have been unfortunate incidents of taxi drivers taking advantage of tourists.

Airport facilities also include a 24-hour bank (including ATMs) and bureau de change.

LUNCHES AND DINNERS

18.02.2009:

DINNER at 21:00 P.M.

RESTAURANT MANI – MANI, 10 Falirou St., +30 210 92 18 180 / We will meet you at the Philippos Hotel reception at 20:50 and we can all walk together

19.02.2009:

LUNCH: SERVED AT THE TRAINING VENUE

DINNER at 20:30:

RESTAURANT APANEMIA, 2 Erectheiou St., +30 210 92 28 766/ We will meet you at the Philippos Hotel reception at 20:20 and we can all walk together

20.02.2009:

LUNCH at 1:00 PM: RESTAURANT PALIA ATHINA, 46 NIKIS STREET, 5 mins walk from the training venue / we will all walk together