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## **NATIONAL FOCAL POINTS TRAINING Helsinki, 23-24 April 2009**

### **PROGRAMME**

#### **GENERAL INFORMATION**

##### Time schedule:

- arrival of participants: Wednesday 22 April 2009 in the afternoon
- dinner with participants on Wednesday evening ± 19.00 pm
- full day training on Thursday 23 April 2009
- training continued on Friday morning 24 April until after lunch (± 14.00 pm)

##### Venue:

Sokos Hotel Pasila, Maistraatinportti 3, Helsinki

##### Transport from Helsinki airport to the meeting venue:

- By Finnair City Bus (timetable attached)
- From Helsinki railway station by local train to Pasila railway station (every train will stop in Pasila)
- From Pasila railway station 7 minutes walk to Sokos Hotel Pasila (map attached)
- Please note that MHE cannot reimburse transport by taxi.

##### Working languages :

English

##### Hotel accommodation:

Sokos Hotel Pasila (the meeting venue).

##### Financial issues:

- Travel costs: Mental Health Europe will pay for your travel costs (if at a reasonable price: economy class flights; train 1<sup>st</sup> class).  
→ (Electronic) tickets and boarding passes must compulsory be sent to Mental Health Europe after the training.
- Hotel: booked by the Finnish Association for Mental Health and paid by Mental Health Europe
- Meals: will all be provided from Wednesday evening dinner to Friday lunch
- Local transport: will be reimbursed by Mental Health Europe

Mental Health Europe will provide you with an expenses claim form, to be duly completed and signed, and returned to the MHE secretariat by 15 May 2009 at the latest.

*The training is made possible thanks to the support of PROGRESS, the European Community Programme for Employment and Social Solidarity (2007-2013).*

## **TRAINING PROGRAMME**

### **Thursday 23 April 2009**

09.30 – 10.00	<b>Welcome</b> <b>Introduction on the Mental Health Europe Work Programme and the role of the National Focal Points</b> Mary Van Dievel, MHE Director
10.00 – 11.00	<b>Presentation of their current activities by the training participants</b> Presentation of each participant of ca. 5-10 minutes
11.00 – 11.30	Coffee Break
11.30 – 13.00	<b>Introduction on the EU institutions, decision-making procedures and recent policy developments regarding mental health and social exclusion</b> Astrid Mechel, Social Policy Officer
13.00 – 14.00	Lunch
14.00 – 16.00	<b>How to lobby national/local/regional authorities?</b> Marita Ruohonen, Director Finnish Association for Mental Health
16.00 – 16.15	Coffee Break
16.15 – 18.00	Lobbying of national Members of European Parliament in view of the European elections to take place in June 2009 Astrid Mechel, MHE Social Policy Officer
19.00- ...	Dinner with participants

**Friday 24 April 2009**

- 09.00 – 10.00      **Working with the media – Short introduction**  
Mary Van Dievel, MHE Director  
Kristina Salonen, Information Officer FAMH  
Discussion with all participants about their experiences in working with the media
- 10.00 – 10.30      **The UN Convention on the Rights of Disabled People: Links with mental health issues**  
Mary Van Dievel, MHE Director
- 10.30 – 10.45      Coffee Break
- 10.45 – 12.30      **How to find funding for the European work of the MHE National Focal Points**  
Discussion with all the participants
- 12.30 – 13.00      **Feedback session**
- 13.00 – 14.00      Lunch and end of training