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TRAINING OF NATIONAL FOCAL POINTS Tallinn, 9-11 June 2010

Estonia, Finland, Ireland, Latvia, Lithuania, Netherlands, UK

PROGRAMME

GENERAL INFORMATION

Time schedule:

- arrival of participants: Wednesday 9 June in the afternoon
- dinner with participants on Wednesday evening at 19.00 pm
- full day training on Thursday 10 June
- training continued on Friday morning 11 June after lunch (\pm 14.00 pm); optional: site visit from 14:00-16:00.

Hotel accommodation and venue of meeting:

Hotel Uniquestay Mihkli, Endla 23, 10122 Tallinn, Estonia

<http://www.uniquestay.com/uniquestay-mihkli-hotel>

Transport from Tallinn airport to the meeting venue:

- See attached way description
- Please note that MHE cannot reimburse transport by taxi.

Working languages :

English

Financial issues:

- Travel costs: Mental Health Europe will pay for your travel costs (if at a reasonable price: economy class flights; train 1st class).
→ (Electronic) tickets and boarding passes must compulsory be sent to Mental Health Europe after the training.
- Hotel: booked by the Estonian Mental Health Association and paid by Mental Health Europe
- Meals: will all be provided from Wednesday evening dinner to Friday lunch
- Local transport: will be reimbursed by Mental Health Europe

Mental Health Europe will provide you with an expenses claim form, to be duly completed and signed, and returned to the MHE secretariat by 5 July 2010 at the latest.

The training is made possible thanks to the support of PROGRESS, the European Community Programme for Employment and Social Solidarity (2007-2013).

TRAINING PROGRAMME

Wednesday, 9 June 2010

19:00 **Welcome dinner in the hotel, meeting in the lobby**

Thursday, 10 June 2010

09:30 – 09:45 **Welcome and update on MHE’s core activities for 2010**
Mary Van Dievel, MHE Director

09:45 – 11:30 **Presentation of their current activities by the training participants**
Presentation of each participant of ca. 15 minutes

11:30 – 12:00 Coffee Break

12:00 – 13:00 **Update on latest developments in the EU institutions and social policy developments and the European Year 2010 for Combating Poverty and Social Exclusion**
Astrid Mechel, MHE Social Policy Officer

13:00 – 14:00 Lunch

14:00 – 14:45 **Work with Members of European Parliament – Exchange of experiences**
Brief introduction by Mary Van Dievel, MHE Director & Workshop/ Exchange of experience of all participants

14:45 – 16:00 **How to promote the implementation of the European Pact for Mental Health and Wellbeing at the national and regional level**
Brief introduction by Mary Van Dievel, MHE Director & Workshop/ Exchange of experience of all participants

Ca. 16:30 – ... **Visit of Tallinn, followed by a common dinner in the medieval restaurant “Olde Hansa”**

Friday, 11 June 2010

09:30 – 11:30 **Communication Training: Skills for convincing policy makers**
Margus Salumets, Metaprofit

11:30 – 11:45 Coffee Break

11:45 – 12:30 **Mental Health and Human Rights – Update of recent policies and activities**
Mary Van Dievel, MHE Director
Exchange of experience with participants

12:30 – 13:00 **Feedback session**

13:00 – 14:00 Lunch and end of training

OPTIONAL:

14:00 – 16:00 Site visit to Tallinn Mental Health Center