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## **NATIONAL FOCAL POINTS TRAINING Stockholm, 6-7 May 2010**

### **PROGRAMME**

#### **GENERAL INFORMATION**

##### Time schedule:

- arrival of participants: Wednesday 5 May in the afternoon
- dinner with participants on Wednesday evening ± 19.00 pm
- full day training on Thursday 6 May
- training continued on Friday morning 7 May after lunch (± 14.00 pm);  
optional: boat trip from ca. 15:00-17:00 (at participants' expenses).

##### Venue:

Hotel Oden, Karlbergsvägen 24, 102 34 STOCKHOLM, <http://www.hoteloden.se/>

##### Transport from Stockholm airport to the meeting venue:

- See attached way description
- Please note that MHE cannot reimburse transport by taxi.

##### Working languages :

English

##### Hotel accommodation:

Hotel Oden, Karlbergsvägen 24, 102 34 STOCKHOLM, <http://www.hoteloden.se/>

##### Financial issues:

- Travel costs: Mental Health Europe will pay for your travel costs (if at a reasonable price: economy class flights; train 1<sup>st</sup> class).  
→ (Electronic) tickets and boarding passes must compulsory be sent to Mental Health Europe after the training.
- Hotel: booked by the Swedish National Association for Mental Health and paid by Mental Health Europe
- Meals: will all be provided from Wednesday evening dinner to Friday lunch
- Local transport: will be reimbursed by Mental Health Europe

Mental Health Europe will provide you with an expenses claim form, to be duly completed and signed, and returned to the MHE secretariat by 5 June 2010 at the latest.

*The training is made possible thanks to the support of PROGRESS, the European Community Programme for Employment and Social Solidarity (2007-2013).*

## **TRAINING PROGRAMME**

### **Wednesday, 5 May 2010**

19:00                      **Welcome dinner**

### **Thursday, 6 May 2010**

09:30 – 09:45            **Welcome and update on MHE's core activities for 2010**  
Mary Van Dievel, MHE Director

09:45 – 11:15            **Presentation of their current activities by the training participants**  
Presentation of each participant of ca. 15 minutes

11:15 – 11:30            Coffee Break

11:30 – 12:30            **Update on latest developments in the EU institutions and social policy developments and the European Year 2010 for Combating Poverty and Social Exclusion**  
Astrid Mechel, MHE Social Policy Officer

12:30 – 13:30            Lunch

13:30 – 14:15            **Work with Members of European Parliament – Exchange of experiences**  
Brief introduction by Mary Van Dievel, MHE Director  
Workshop/ Exchange of experience of all participants

14:15 – 15:30            **How to promote the implementation of the European Pact for Mental Health and Wellbeing at the national and regional level**  
Brief introduction by Mary Van Dievel, MHE Director  
Workshop/ Exchange of experience of all participants

16:00 – 17:00            **Site Visit to Fountain House Foundation**

Afterwards: Common dinner (time and place tbc)

**Friday, 7 May 2010**

- 09:30 – 11:30      **Communication Training: Skills for convincing policy makers**  
Johannes Hylander, Westander
- 11:30 – 11:45      Coffee Break
- 11:45 – 12:30      **Mental Health and Human Rights – Update of recent policies and activities**  
Mary Van Dievel, MHE Director  
Exchange of experience with participants
- 12:30 – 13:00      **Feedback session**
- 13:00 – 14:00      Lunch and end of training

*OPTIONAL:*

- Ca. 14:30 – 17:00      Guided boat tour (ca. 19 EUR//pp, at the expenses of the participants):  
<http://www.stromma.se/sv/Sightseeing/Stockholm/Turer-till-sjoss/Under-stockholms-broar/>