



**NATIONAL FOCAL POINT TRAINING ROUND 2010**  
**February-June 2010**

## **MHE WORK PROGRAMME 2010 IN THE FRAME OF THE EC PROGRESS PROGRAMME**

### **PROGRESS PROGRAMME - What is it about?**



The Community Programme for Employment and Social Solidarity has been established to support financially the implementation of the EU objectives in the fields of:

- employment
- social affairs
- and equal opportunities.

It also contributes to the achievement of the EU 'Lisbon' Growth and Jobs Strategy.

Working alongside the European Social Fund, PROGRESS started in 2007 and will run until 2013. It replaces the 4 previous ones that ended in 2006 (actions against discrimination, equality men and women, employment measures and the fight against social exclusion). The EU opted for a single programme to rationalise and streamline EU funding and concentrate its activities to improve the impact.

## PROGRESS Programme (2)



PROGRESS should ensure that EU social policy remains on course to face the key policy challenges and concentrate on actions that need a combined European effort. It will work to support the EU Member States to ensure they deliver on their commitments to create more and better jobs, to guarantee equal opportunities for all and to implement EU laws uniformly.

PROGRESS has a global budget of 743,25 million EUR for seven years.

The EU will use this budget to act as a catalyst for change and modernisation in five areas:

- employment
- social inclusion and protection
- working conditions
- non-discrimination
- gender equality

## Mental Health Europe (MHE)



### A European non-governmental organisation committed to:

- the promotion of positive mental health and well-being
- the prevention of mental distress
- the improvement of care
- advocacy for social inclusion
- protection of human rights for people with mental health problems, their families and carers

## MHE's areas of work



- ✓ Mental Health and Social Policy
- ✓ Mental Health Promotion and Prevention of Disorders
- ✓ Mental Health, Human Rights and Disability
- ✓ Committees and Task Forces
- ✓ European projects

## MHE WORK PROGRAMME 2010



### Overall goal of MHE's work programme 2010:

Develop and strengthen the capacities of MHE and its member organisations, including people with mental health problems, who are at risk of poverty and social exclusion, to inform and influence employment and social policy and processes at the local, national, regional and European level with a view to better reflect the needs of people with (a history of) mental health problems

## Main thematic emphasis



The main thematic emphasis of the 2010 work programme is on:

- Contributing to the revision of the Lisbon Strategy for Growth and Jobs
- Strengthening of the Open Method of Coordination with the involvement of MHE members and in particular the National Focal Points
- Preparing the next National Strategic Reports on Social Protection and Social Inclusion (end 2010)

## Main thematic emphasis (2)



- ❖ Consultation on EU 2020 Strategy
- ❖ Implementation of the Commission Recommendation on Active Inclusion
- ❖ Activities related to the European Year 2010 for Combating Poverty and Social Exclusion
- ❖ EU Pact for Mental Health and Well-being
- ❖ Fundamental Rights of people with mental health problems

## REINFORCEMENT OF CAPACITY - HOW ?



**How do we intend to reinforce our capacity and that of our members?**

- **Training of National Focal Points (5 sessions)**
- **Capacity-building seminar for MHE members - 21 October 2010**
- **General Assembly – 21 October 2010**
- **MHE conference**
- **Board and Executive Committee meetings**

## Capacity-building - How ? (2)



- **Meetings of MHE Standing Committees**
- **Establishment of Task Forces**
- **Support to MHE member organisations in particular circumstances**
- **Support to European Network of (ex-)Users and Survivors of Psychiatry empowerment seminar (Thessaloniki, September 2010)**

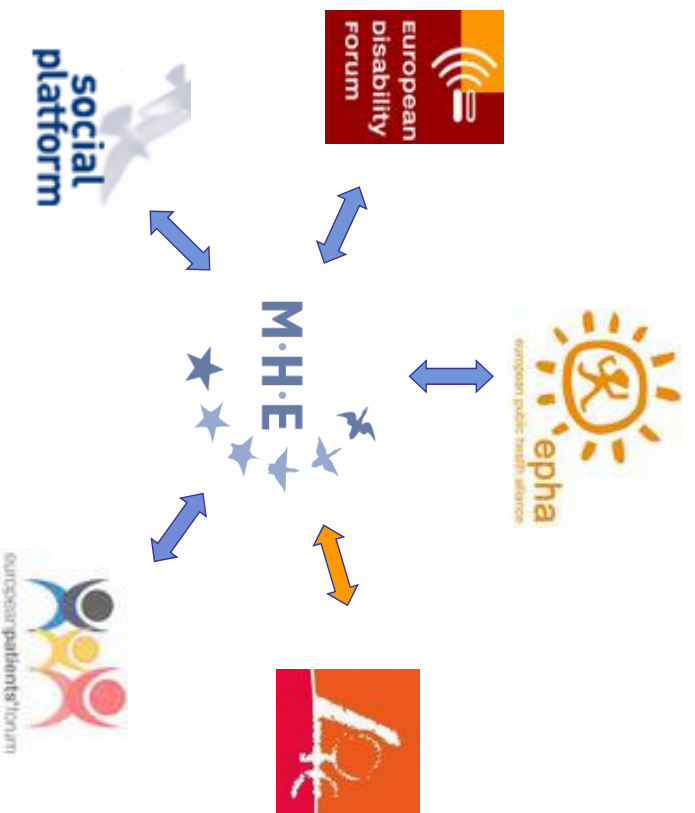
## Concrete policy work



Lobbying the Trio Presidency of the European Union:

- Spain (2010)
- Belgium (2010)
- Hungary (2011)

## MHE affiliation with other European networks



## Other European level collaboration



European Commission  
European Parliament  
World Health Organization  
Council of Europe  
EU Health Policy Forum  
Fundamental Rights Agency  
European Foundation for the Improvement of  
Living and Working Conditions

## And more European level collaboration



ENUSP, EUFAMI, Social Firms Europe-  
CEFEC, CEDEP, EuroPsy Rehabilitation,  
ECCL, European Patients' Forum,  
FEANTSA, Inclusion Europe, Autism  
Europe, OSI Mental Health Initiative,  
MDAC, Age Platform, Youth Forum,  
Childrens High Level Group, ENAR, EAPN,  
etc. etc.

## MHE's areas of work - European Projects



- **Violence Against Women in the workplace...Let's talk about it!** (2009-2010) – DG Justice, DAPHNE II Programme  
Website: <http://www.mhe-sme.org/en/our-projects.html>
- **HELPS** – European Network for Promoting the Health of Residents in Psychiatric and Social Care Institutions (2007 – 2010) – DG Health and Consumers  
Website: <http://www.helps-net.eu>

## MHE MEMBERS CAPACITY BUILDING SEMINAR



**Where and when ?**  
**Brussels, Thursday 21 October 2010**

**Theme ?**

- Empowerment of mental health professionals in collaboration with mental health service users
- Lobbying strategies for the mental health sector

**Who?**

**All MHE members, and especially mental health professionals**

## MHE GENERAL ASSEMBLY



### **Where and when?**

**Brussels, 21 October 2010, after capacity-building seminar**

### **Agenda?**

**approval of activity report 2009**

**approval of MHE work programme 2010-2011**

**approval of accounts**

### **Who?**

**all MHE members**

## MHE 2010 CONFERENCE



### **Where and when?**

**Brussels, 22-23 October 2010**

### **Theme?**

**Challenging poverty – creating hope.**

**Breaking the cycle of poverty and mental health problems**

### **Who?**

**All MHE members, grassroots workers in the field of poverty and mental health**



### **Challenging poverty – creating hope.**

#### **Breaking the cycle of poverty and mental health problems**

Focusing on bidirectional links between mental health problems and poverty

Presentation of the results of the MHE survey on mental health problems and poverty, carried out through MHE member organisations, with a focus on poverty and mental health problems of

- children and young people
- women
- older people
- migrants



Parallel sessions on:

- Intergenerational poverty and mental health problems
- Poverty in lone parent families and its impact on the mental health of the children
- Mental health problems and poverty in ethnic minority groups
- Mental health, poverty and human rights: triple discrimination
- (Un)employment and mental health: the working poor and the unemployed
- Mental health and poverty in older people
- Gender, mental health and poverty (tbc)
- Medicalisation of poverty (tbc)



**YOU KNOW ABOUT A GOOD PRACTICE/EXPERIENCE ON  
OVERCOMING THE VICIOUS CYCLE OF POVERTY AND  
MENTAL HEALTH PROBLEMS IN YOUR COUNTRY?  
CONTACT ASAP THE MHE SECRETARIAT AT  
[info@mhe-sme.org](mailto:info@mhe-sme.org)**

### Useful links:



- European Commission DG Employment, Social Affairs and Equal Opportunities: <http://ec.europa.eu/social/home.jsp?langId=en>
- European Commission DG Employment, Social Affairs and Equal Opportunities, PROGRESS programme: <http://ec.europa.eu/social/main.jsp?catId=327&langId=en>
- European Commission's website, Mental Health section: [http://ec.europa.eu/health/ph\\_determinants/life\\_style/mental/index\\_en.htm](http://ec.europa.eu/health/ph_determinants/life_style/mental/index_en.htm)
- Working process of European Pact for MH and Wellbeing: <http://www.ec-mental-health-process.net/index.html>
- MHE policy work on the implementation of the Pact: <http://www.mhe-sme.org/en/our-work/mental-health-promotion-and-prevention-of-disorders.html>
- SUPPORT project on mental health in the EU: <http://www.supportproject.eu/home.htm>

For further information



**Mental Health Europe – Santé Mentale Europe  
Boulevard Clovis 7, B-1000, Brussels**

**Tel. +32 2 280 04 68**

**Fax +32 2 280 16 04**

**E-mail: [info@mhe-sme.org](mailto:info@mhe-sme.org)**

**[www.mhe-sme.org](http://www.mhe-sme.org)**