



MENTAL HEALTH EUROPE – SANTE MENTALE EUROPE aisbl
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2009 EUROPEAN PARLIAMENT ELECTIONS

MANIFESTO OF MENTAL HEALTH EUROPE

Mental Health Europe (MHE) and its members call for:

- 1.** National and European policies to promote the mental health and well-being of all its citizens - No Health without Mental Health!
- 2.** A focus on prevention of mental health problems through adequate social protection and inclusion policies in Europe - a minimum level of income for people suffering from mental health problems
- 3.** The introduction of a number of measures / programmes to reduce stigma and discrimination against people with mental health problems
- 4.** Access to good-quality standards of care and provision of adequate levels of resourcing for the care and treatment of people with mental health problems
- 5.** Equal access to education
- 6.** Equal access to employment
- 7.** The right to housing
- 8.** The right to self-determination of people with mental health problems to live independently in the community with proper support where necessary and to make their own choices in life
- 9.** A swift ratification and implementation of the UN Convention on the rights of persons with disabilities
- 10.** The right to vote and be a candidate in electoral campaigns
- 11.** Mainstreaming mental health and well-being across all EU and national policies

About Mental Health Europe

Mental Health Europe (MHE) is an organisation committed to the promotion of positive mental health, the prevention of mental distress, the improvement of care, advocacy for social inclusion and the protection of human rights for people with mental health problems, their families and carers. MHE vision is of a Europe where mental health and well-being is given high priority in the political spectrum and on the European health and social agenda, where people with mental health problems live as full citizens with access to appropriate services and support when needed, and where meaningful participation is guaranteed at all levels of decision-making and administration. MHE's values are based on dignity and respect, equal opportunities, freedom of choice, anti-discrimination, social inclusion, democracy and participation.

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