



MENTAL HEALTH EUROPE aisbl

SANTE MENTALE EUROPE aisbl

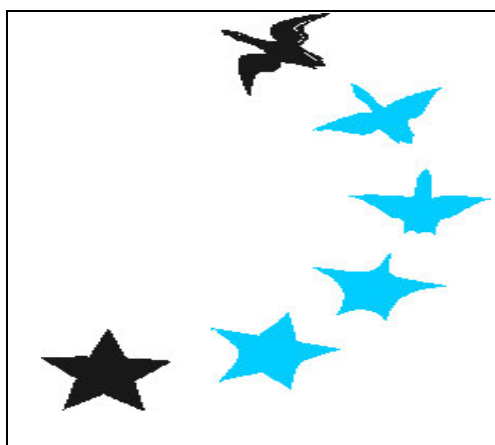
ANNUAL REPORT 2003

Secretariat

7 Boulevard Clovis, B-1000 Brussels

Tel: +32-2-280.04.68 - Fax: +32-2-280.16.04

Email: info@mhe-sme.org - Website: www.mhe-sme.org



ANNUAL REPORT 2003

TABLE OF CONTENTS

1. MESSAGE FROM THE PRESIDENT.....	4
2. MHE'S MISSION.....	6
3. PORTRAIT.....	7
3.1. Structure.....	8
3.2. General Assembly.....	8
3.3. Board.....	8
3.4. Officers meeting.....	9
3.5. Working meetings with the President.....	9
3.6. Secretariat.....	9
4. MHE'S INTERNAL ACTIVITIES.....	11
4.1. MHE seminar dd. 20 October 2003.....	11
4.2. MHE's projects.....	11
4.2.1. Mental Health Promotion and Prevention Strategies for Coping with Anxiety.....	11
4.2.2. Harassment and Discrimination faced by people with psychosocial disability – A European Survey.....	12
4.2.3. Mental Health Economics.....	12
4.2.4. Preparation of Guidelines for country-based programmes of suicide prevention....	13
4.3. Participation in other European projects.....	14
4.3.1. Parents school – Lifelong Learning for Mental Health.....	14
4.3.2. Included in Society.....	14
4.4. Newsletter.....	15

4.5. MHE website.....	15
4.6. Leaflet on "The Differences between Mental Illness and Intellectual Disability".....	15
5. MHE'S EXTERNAL ACTIVITIES.....	16
5.1. World Health Organization.....	16
5.2. Council of Europe.....	16
5.3. European Commission.....	18
5.3.1. DG Employment and Social Affairs.....	18
5.3.1.1. European Year of People with Disabilities 2003.....	18
5.3.2. DG Health and Consumer Protection (Sanco).....	18
5.3.2.1. EC Mental Health Working Party.....	18
5.3.2.2. European Health Forum.....	18
5.4. European Parliament.....	19
5.5. Relations with other networks.....	19
5.5.1. World Federation for Mental Health.....	19
5.5.2. European Disability Forum.....	20
5.5.3. Social Platform.....	20
5.5.4. European Public Health Alliance (EPHA).....	21
5.6. Participation in conferences and meetings.....	21
6. Finances.....	26

1. MESSAGE OF THE PRESIDENT

2003 has been a very active and dedicated year for Mental Health Europe.

First of all, 2003 was the « European Year of people with disabilities ». Disabled people, including people with mental health problems, have been at the centre of the European Disability Year, which focussed on raising awareness of the rights of disabled people to full equality and participation in all areas. It was about tackling barriers that people with disabilities face and about improving the situation of disabled people throughout Europe. MHE has strongly encouraged its member organisations to give mental health more visibility in the disability sector. We would like to encourage everyone to continue to develop the work that was started.

MHE has also covered a wide range of topics related to mental health in collaboration with the European Commission, the World Health Organization – Regional Office for Europe, the Council of Europe, the International Labour Office, UNESCO and the UN Human Rights Committee, as well as with other non-governmental organisations, professional organisations, research institutions, users and family organisations.

Suicide being one of the major public health problems and the leading cause of death among young adults, MHE has undertaken a project which aims at producing a set of country-based guidelines for suicide prevention, at the request of the Belgian Federal Health Ministry and in collaboration with the WHO/Euro Network on Suicide Prevention and Research.

Key recommendations on promotion and prevention activities in mental health were proposed at the closure of the project « Mental Health Promotion and Prevention of Depression, Anxiety and Stress-related Disorders in Europe ». Within another project on « Mental Health Economics », work has been done on collecting and comparing data on economic issues relevant to mental health in EU Member States.

MHE has also been involved in policy work for mental health and lobbying for the improvement and promotion of positive mental health and well being at various levels.

The second year of the EU project on "Harassment and Discrimination faced by people with psychosocial disability in health services" was started in September. During year 2, tools to prevent and to tackle discrimination for selected target groups will be developed.

We actively participated in the Ministerial Conference "Mental Illness and Stigma", 27-29 March in Athens, during the Greek EU Presidency and in the EC supported conference "Mental Health in Europe – New Challenges, New Opportunities", 9-11 October in Bilbao, Spain.

MHE also contributed to the work of the EC Mental Health Working Party, created to support the implementation of the health information strand of the EC Public Health Programme and to advise on the creation of a EU strategy to address positive mental health.

2003 has been a year of preparation for the WHO Ministerial Conference on "Facing the Challenges, Building Solutions", Helsinki, 12-15 January 2005, and MHE participated to it as a member of the Steering Committee of the conference.

MHE participated in the Council of Europe's Ministerial conference in Malaga, Spain, in May 2003, where a new Charter on the fight against discrimination of disabled people was discussed, in the presence of great number of countries.

Mental Health Europe's constituency increased considerably: in 2002 we had 41 full member organisations, 11 associate member organisations and 53 individual members. In 2003 we had 52 full member organisations, 14 associate member organisations and 61 individual members!

Less good news was that the European Commission – DG Sanco – informed us mid October 2003 that they changed their co-financing rules and that a contribution of 40 % was expected from Mental Health Europe for a project on Implementation of Mental Health Promotion and Prevention Strategies and Policies in EU Member States and applicant countries. This put MHE in a difficult situation.

On 23 August the sad news reached us that Edith Morgan, Founder member of Mental Health Europe, died after a short illness. Many of you will remember Edith. She was widely known as one of the first people to promote working in partnership with users; she worked to end the stigma of mental illness and develop community-based solutions based on principles of social justice. She was a remarkable woman, and we are proud to have known her and to have worked with her. She will be remembered by us all with great love and affection.

I would like to thank you all for your support, your collaboration, and commitment and all the work we achieved together!

Leo de Graaf,
President.

2. MHE's MISSION

For more than two decades Mental Health Europe has had a history of promoting and representing mental health in its broadest sense in Europe. MHE has found recognition and acknowledgement for its leading and innovative role. In recent years the benefits, and the necessity of having a European voice for mental health have become evident.

MHE offers an opportunity for every organisation that wants to contribute to the building of Europe, in the European Union and in the larger Europe. MHE supports the emancipation of different groups in the mental health field in order to establish equal partnership and opportunities among the different parties and to ensure that the mental health needs of the total population are met.

MHE plays an important role in raising awareness and in combating the taboos, stigma and prejudice associated with mental illness.

In order to fulfil this strategic role, MHE has official relations with the World Health Organization – Regional Office for Europe, participative status with the Council of Europe and a liaison function for Mental Health Promotion with the European Commission.

MHE is a member of several European advocacy groups: the European Public Health Alliance, the European Disability Forum, the Social Platform, the European Women's Lobby, etc.

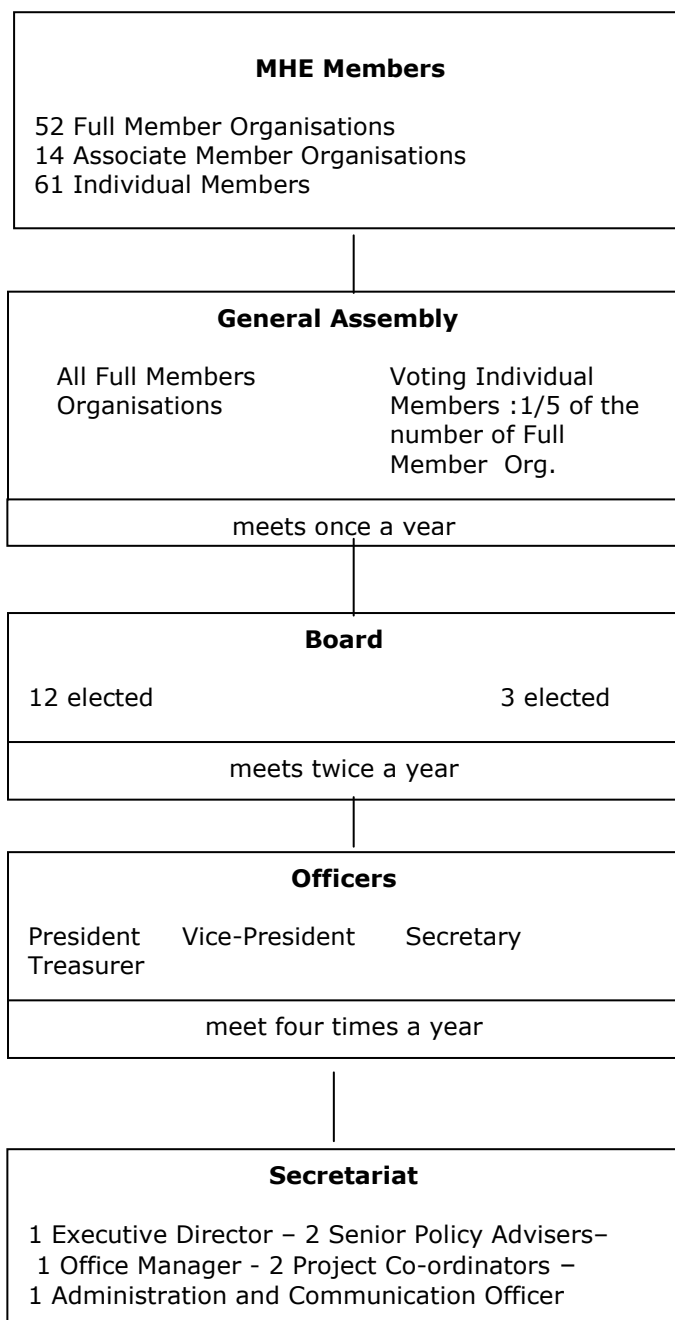
MHE functions as the European Regional Council of the World Federation for Mental Health and furthers WFMH's objectives in Europe.

3. PORTRAIT

MHE's Constitution

3.1. Structure

Mental Health Europe is a representative organisation of associations and organisations in the Mental Health field in Europe. It includes professionals, consumers, volunteers and carers active in the Mental Health field at local, regional, national or European level. On 31 December 2003, MHE had 52 Full Member organisations, 14 Associate Member organisations and 61 Individual Members.



3.2. General Assembly

The General Assembly was held rather late this year, on 20 October 2003 in Paris, the day before the 2nd Citizens Forum on Mental Health.

We were happy to welcome 6 observers from French Users, Families and Mental Health organisations.

The following items were discussed:

- Adoption of the Minutes of the General Assembly held in Brussels on 9 March 2002
- Financial situation: the accounts and balance for 2003, and the budget 2003-2004 were approved
- The annual report was adopted
- The reports of the President and Senior Policy Advisers were received without comments
- It was decided to adopt the same membership fee structure for 2004 as the one agreed for 2003
- MHE's future programme 2003-2004 was adopted without comments
- A tribute was paid to Edith Morgan who passed away on 21 August 2003
- Members received information about MHE's conference in Slovenia, May 2004 and were informed that MHE's General Assembly would take place at the same venue on 28 May 2004.

On top of the normal AGA business agenda, the following items were brought forward:

- Gender balance in the Board and users and families involvement
- Members were informed that a membership drive was being prepared and encouraged to contact the MHE secretariat with contact details of potential member organisations that could be approached

The General Assembly was preceded by a seminar on MHE's projects and activities. You will find more information under heading 4: MHE's Internal Activities.

3.3. Board

The Board elected in 2002 continued its work in 2003.

12 Board members are representatives of the Full member organisations, and 3 are elected as the Voting Individual Members to the General Assembly:

- Karl Dantendorfer, Pro Mente Austria (Austria)
- Leo de Graaf, De Gelderse Roos (Netherlands)
- Claude Deutsch, Advocacy France (France)
- Mariano Hernandez, Asociacion Española de Neuropsiquiatria (Spain)
- Brian Howard, Mental Health Ireland (Ireland)
- Knud Jensen, Landsforeningen Sind (Denmark)
- Peter Kampman, Voting Individual Member (Scotland, UK)
- Nace Kovac, Slovenian Association for Mental Health SENT (Slovenia)
- Pirkko Lahti, Finnish Association for Mental Health (Finland)
- Eric Messens, Ligue bruxelloise francophone pour la santé mentale (Belgium)
- Jan Pfeiffer, Czech Association for Mental Health (Czech Republic)
- Pino Pini, Associazione Italiana per la Salute Mentale AISMe (Italy)
- Inge Schöck, Voting Individual Member (Germany)
- Jenny Steenhaut, Voting Individual Member (Belgium)
- Aart-Jan Vrijlandt, GGNet (Netherlands)

Without voting rights:

- John Henderson, Senior Policy Adviser (UK, Scotland)
- Edith Morgan, Honorary Founder (UK)
- Josée Van Remoortel, Senior Policy Adviser (Belgium)
- Pascale Van den Heede, Executive Director (Belgium)

The Officers are:

- Leo de Graaf, President
- Claude Deutsch, Vice-President
- Peter Kampman, Secretary
- Karl Dantendorfer, Treasurer

The Board met twice in 2003:

- **10th MHE Board meeting – Brussels, 17-18 May 2003**

The most important point of discussion was MHE's cash flow problems, due to the co-financement required by the European Commission, the extension of projects and the lack of own financial resources.

The organisation of MHE's conference in Slovenia was discussed, and the feasibility of organising a MHE conference each year. A Committee was set up to discuss this further.

It was also decided to try to involve more users and families organisations in MHE's decision making structures, and to try to set up a closer collaboration with NGOs working in Central and Eastern European countries and the new independent states (former Soviet Republics).

The draft Strategic Plan written by the President was further discussed.

- **12th MHE Board meeting – Paris, 20 October 2003**

MHE's involvement in Council of Europe activities was discussed, MHE having participative status and the right to submit collective complaints re. violation of human rights.

The Board was informed that a Membership campaign was being prepared and would start at the beginning of 2004.

Additional information was received on the WHO Ministerial Conference on Mental Health to be held in Helsinki in January 2005, and in which preparation MHE is involved through John Henderson and Pirkko Lathi.

3.4. Officers meeting

The Officers held a teleconference on 23 April 2003, mainly to prepare the Board meeting of 27-28 May 2003.

The financial situation, and more particularly the cash flow situation was examined. Information was given on ongoing MHE activities, and an overview of projects recently submitted for funding.

3.5. Working meetings with the President

Working meetings with the President were held at the MHE Office on 14 January, 10 April, 23 April, 9 July and 18 September 2003.

3.6. Secretariat

Pascale Van den Heede continued to work as Executive Director and had the overall responsibility for MHE's activities.

Mary Van Dievel continued to serve the association as Office Manager and dealt with all the issues concerning membership, the administrative work surrounding the applications for project funding including final accounts for projects, organisation of Board, Officers and General Assembly meetings, and many other issues such as replying to information requests.

The EU project on "Mental Health Promotion and Prevention Strategies for Coping with Anxiety and Stress in Europe" having come to an end on 31 August 2003, Kirsten Zenzinger stopped working full time and was employed again for 3 days/week from 1 September 2003 on the project "Harassment and Discrimination faced by people with psychosocial disability: a European Survey", which she took over from Karl Andriessen who left MHE in September 2003.

Roxana Radulescu continued to work on the EU project on "Mental Health Economics" together with the experts from the London School of Economics.

First Karl Andriessen and from September on Roxana Radulescu were involved in the preparation of guidelines for country-based programmes of suicide prevention, carried out by MHE on behalf of the Belgian Federal Health Ministry.

Carole Défossé started working with MHE on 1 November 2003 as Administration and Information Officer. She is also responsible for the website, and for carrying out the membership drive prepared by Diana Smith.

John Henderson, Mary Van Dievel, Josée Van Remoortel and Kirsten Zenzinger were the editors of the monthly Newsletter.

John Henderson and Josée Van Remoortel continued in a voluntary capacity as Senior Policy Advisers, guiding the European projects and representing MHE at various occasions.

4. MHE'S INTERNAL ACTIVITIES

4.1. MHE seminar dd. 20 October 2003

In the framework of Mental Health Europe's General Assembly in Paris, 20 October 2003, a mini-seminar was organised on MHE's projects and activities.

Roxana Radulescu presented the EU project on "Mental Health Economics". Prof. J.P. Lépine, the French partner in this project, made a brief and enthusiastic intervention on the positive aspect of being a partner in the project, which has offered him the opportunity to liaise with other colleagues from different backgrounds, learn from them, and share information and methodology.

The EU project on "Harassment and Discrimination faced by people with mental health problems in health services" was presented by Josée Van Remoortel.

The EU project on "Mental Health Promotion and Prevention Strategies for coping with stress and anxiety in Europe" was presented by Kirsten Zenzinger. Patrick Little from Penumbra, the UK partner in the project, talked about his experience in the project, the exchange of ideas with other countries, the networking possibilities.

Pascale Van den Heede talked about the project on "Guidelines for country-based programmes for suicide prevention, undertaken by Mental Health Europe at the request and with the support of the Belgian Federal Ministry of Health and in collaboration with the WHO European Network on Suicide Prevention and Research.

Josée Van Remoortel presented the project "Included in Society", a project on de-institutionalisation of disabled people.

Information was given on MHE's involvement in Council of Europe and WHO activities.

More detailed information on MHE's projects and activities can be found below, and at MHE's website www.mhe-sme.org/.

4.2. MHE's projects

4.2.1. Mental Health Promotion and Prevention Strategies for Coping with Anxiety, Depression and Stress-related Disorders in Europe

MHE continued to work on this project, which started in November 2001 and which was carried out in collaboration with two other organisations: the Federal Institute for Occupational Safety (FIOSH) and the National Research and Development Centre for Welfare and Health STAKES. The University of Deusto, Bilbao, Spain, was the lead applicant. The project was funded by the European Commission, DG Sanco.

The main overall aim of the project was to build a European strategy to initiate and implement actions in EU Member States and Iceland and Norway on Mental Health Promotion and Prevention for coping with anxiety, depression and stress-related disorders. The division into three sectors (children, adolescents and young people to age 24 years in educational and other relevant settings, working adults 25-60 years and older people from 60 years in various settings) ensured that the whole life span was covered.

To collect and systematise the information gathered from each of the projects, the partners were provided with two questionnaires. They were given six months to identify, select and describe the projects from their country. The project Executive Committee and the experts evaluated the projects subsequently on the basis of a pre-determined system of evaluation and inclusion criteria.

The national partners of all three sectors came together for a final meeting in Brussels on 11-12 April 2003. The main aim was for each sector to discuss a Draft Sector Report, which aims to raise awareness among relevant professionals, policy makers and the general public and to encourage effective policy development and implementation within Member States.

To mark the conclusion of this European project, a press event was organised at the European Parliament on 8 July 2003. This was a good opportunity to present the project

findings and accounts of best practices as well as to launch a Policy Report and a set of Key Recommendations.

Catherine Stihler MEP chaired the session, and opportunity was provided for discussion with the project leaders.

The conclusions resulting from this project have led to Recommendations on how to improve mental health in Europe in order to increase wellbeing and to reduce high costs. These recommendations will now be put into practice. The final report will be ready in the spring of 2004.

For more information: Kirsten Zenzinger, project co-ordinator, e-mail: kzenzinger@mhe-sme.org

4.2.2. Harassment and Discrimination faced by people with psychosocial disability – A European Survey

This action project is organised in the framework of the Community Action Programme to combat discrimination 2001-2006, and is funded by the European Commission, DG Employment and Social Affairs.

Step 2 of the project was developed between February and May 2003. Mental health organisations and (ex-) users/relatives organisations organised focus groups in collaboration with health professionals. The project partners found it necessary to establish a dialogue between these groups in order to find effective strategies and projects to combat the discrimination.

The EC then further approved the developments of the first year, and a second year was accepted for funding. This second year started in September 2003.

Thanks to this, the project was able to produce anti-discrimination materials. An evaluation of the first year was carried out over the summer of 2003. The findings were included in the final report of Year 1 that was submitted to the EC in autumn.

The second year of the project started with some changes among the partners. The French partner, Fnap-Psy, was not included in the renewal of the grant, and was replaced by the German user organisations Bundesverband Psychiatrie-Erfahrener (BPE).

The 4th co-ordination meeting of the project took place in Brussels on 3-4 October 2003. The major objective was to start the development of tools to prevent and to tackle discrimination for selected target groups: the user movement, relatives' organisations, the disability movement, (mental) health workers and politicians and policy makers. The tools and materials included: a booklet or poster, recommendations for politicians and policy makers, a training package for health and mental health workers, and seminars in the countries involved as well as a European seminar in Brussels in April 2004.

For more information: Kirsten Zenzinger, project co-ordinator, e-mail: kzenzinger@mhe-sme.org

4.2.3. Mental Health Economics

The project started in November 2002 and aims to identify and collect data on economic dimensions relevant to mental health systems in EU Member States and EEA countries, and to make an overview and analysis of the "state of the art" in EU in mental health economics. Mental Health Europe assures the management co-ordination of the project and the liaison with the partners, while the technical co-ordination and the lead of the research and analytic work has been undertaken by the research group from London School of Economics – Health and Social Care.

The project has provided a framework to create a Mental Health Economics European Network, including representatives from the 15 EU Member States and Norway and Iceland, with expertise and experience in health economics and/or mental health, and recruited from various backgrounds.

In March 2003 a questionnaire on financing of mental health care systems was sent to partners, aiming to obtain an overview of how mental health care systems are financed across the 17 partner countries. A very rich set of data was gathered, with a high degree of variability, but key findings were the following: 1) a tendency to a shift towards greater

provision of services not through health systems, but through social care ; 2) unlike health care services, social services across Europe are not necessarily subject to the same principles of universality and social solidarity ; 3) mental health care is not financed differently from that of general health care; 4) the role of private health insurance in mental health is quite limited; 5) the role of specific employment insurance schemes for sickness and absenteeism by reason of mental health problems is developing and has led to the provision or funding of some work related mental health projects.

A second meeting of the Network was held in June, aiming to decide how the future work would be prioritised. The partners were asked to make some brief presentations on what they think the Network should cover under the following themes: 1) expenditure and cost; 2) provision of services and professionals; 3) employment; 4) economic evaluations; 5) summary position; 6) epidemiological data to be used to support and inform economic analysis; 7) resource allocation.

Following this meeting, a second questionnaire on employment and mental health was circulated in October, looking at employment rates for people with mental health problems, relationship between mental health problems and loss of productivity, absenteeism from work, existing services or interventions designed to enhance employment opportunities for people with mental health problems, etc.

A website was also created under the auspices of the L S E research group and containing information on the work of the Network: <http://www.mentalhealth-econ.org/>

4.2.4. Preparation of Guidelines for country-based programmes of suicide prevention

The project started in September 2002 with the aim of preparing a set of guidelines on how to set up and implement programmes of suicide prevention, at national and regional level, in the WHO European Region. The objective was also to identify and involve experts and policy makers for the development of these guidelines, within the public health framework.

The project was funded by the Belgian Federal Ministry of Health, which contracted Mental Health Europe to write a background document on "Guidelines for suicide prevention programmes, for the preparation of the Ministerial Conference for Mental Health in Helsinki, 12-15 January 2005.

A first step was to set up a Steering Committee with experts in suicide prevention from various countries in the WHO European Region and support was sought within the members of the WHO Euro Network for Suicide Research and Prevention. Six members of the Steering Committee of the WHO Network agreed to be involved in the project and to contribute to it with their knowledge and practical experience.

In April 2004 the Steering Group gathered in Brussels and discussed about information on suicide prevention programmes that needed to be collected from various European countries.

Following this meeting, a questionnaire was prepared and circulated to all members (national and regional) of the WHO/Euro Network for Suicide Research and Prevention, and to the members of the Steering Group of the Mental Health project of the South Eastern Europe Stability Pact – "Enhancing Social Cohesion through Strengthening Community Mental Health Services in South Eastern Europe", to a total of 32 countries. The questionnaire looked at knowledge about existing suicide prevention programmes devoted only to "risk groups", experience of evaluation and implementation of suicide prevention strategies, existing legislation concerning suicide as a civil or a criminal offence, existing media guidelines for reporting on suicide and attempted suicide incidents, knowledge of key policy persons with responsibility for promoting suicide prevention policy administratively, etc.

Several copies of national and local initiatives in suicide prevention, as well as some information on existing media guidelines were gathered.

Another meeting of the Steering Group was held in Berlin, in July, to discuss on information emerging from the questionnaire and to analyse several programmes on suicide prevention that were collected. A structure of the document "Guidelines for country-based programmes on suicide prevention" was also prepared.

The first draft of the paper "Guidelines for country-based suicide prevention" was presented by Mental Health Europe in September, in Stockholm, at the meeting of the WHO/Euro Network on Suicide Prevention and Research.

4.3. Participation in other European projects

4.3.1. Parents School – Lifelong Learning for Mental Health

This project is co-ordinated by the Estuar Foundation (Romania), and financially supported by the European Commission, Directorate General Education and Culture – Grundtvig subprogramme. Other organisations involved are InterMinds, UK; Family OK, Poland; the Romanian Institute for Educational Sciences and Mental Health Europe.

The main objective of the project is to create a training package with information on European Good Practices in mental health education, which should help at developing guidance and counselling services for parents with mentally ill offspring. The training package will be in three languages: English, Romanian and Polish.

The 3rd meeting of the project was held in Brussels at the end of March. The partners informed about the evolution of the training sessions in their countries and emphasised the positive reaction of parents to this initiative. A rich material was collected from parents' testimonies which will serve for the preparation of the Manual. Another element which was debated was the creation of an electronic discussion forum, intended to provide the space for sharing ideas and experiences about mental health issues.

In September the 4th meeting was held in Edinburgh. The partners worked on the draft Manual (training package) and discussed each chapter in detail. Other issues tackled were possible means and opportunities of dissemination of projects results and ways of evaluating the work carried out within the project.

Roxana Braga from Estuar encouraged the partners to get involved in a new project proposal, within the same Grundtvig subprogramme – "Investing in Quality". The aim of this new project would be to enlarge the partnership and to offer training for people who don't have connections with mental health, but have an interest in mental health: staff employed in social assistance services, police representatives, representatives of local administrations (public social services), volunteers working in the partner organisations, graduates of social science faculties willing to develop supplementary skills in the field of mental health. More information on the project can be found at: <http://parents-school.estuar.org>

4.3.2. Included in Society

"Included in Society" is a European Research Initiative on De-institutionalisation of Disabled people". Lead applicant for this project is Inclusion Europe; Mental Health Europe, Autism Europe and the Open Society Institute – Mental Disability Advocacy Programme are the main partners. The project is supported by the Tizard Centre of the University of Kent, the European Disability Forum, the European Association of Service Providers for People with Disabilities, the Centre for Policy Studies at the Central European University in Budapest, the Association for Research and Training on Integration in Europe, and has the financial support of the European Commission, DG Employment and Social Affairs.

The purpose of the project is to make politicians, policy-makers and the general public aware of the rights of those disabled people who are currently segregated in large institutions, and to demonstrate the need to provide alternative community-based care. The findings of the research will also set out recommendations on how sustainable community-based services can be developed which are appropriate to the needs of disabled people and ensure that they are actively involved in the development process.

After a 6-month preparation phase, the project started on 1 October 2003. José Van Remoortel is a member of the Policy Committee for this project, on behalf of Mental Health Europe. Peter Kampman, MHE Board member, and Mary Van Dievel are members of the Research Committee

4.4. Newsletter

Since January 2000, Mental Health Europe has been publishing a monthly Newsletter, in English and French.

In 2003, the Newsletter continued to be a very dynamic and highly appreciated communication instrument, giving information about MHE activities, MHE members' activities, the World Health Organization, the Council of Europe, the European Institutions (Council, Commission, Parliament, ...) and some of our allies.

The Newsletters are available both in printed and electronic format.

4.5. MHE website

In 2003 many improvements have been made at MHE's web site, to make it more user friendly and more informative.

The web site can be consulted at the following address: www.mhe-sme.org/

4.6. Leaflet on "The Differences between Mental Illness and Intellectual Disability"

Intellectual disability and mental illness are often confused, but are very different!

Treating the two different groups as one, leads to wrong assumptions, faulty service planning and often to discrimination of one group by the other. It is clear that medical doctors, therapists and education professionals must be able to distinguish the two groups as a basis for adequate interventions. But also policy makers at local, national and European level must recognise the differences to be able to provide for both groups the necessary support systems.

Therefore Inclusion Europe, the European NGO working for and with people with intellectual disability, and Mental Health Europe produced a leaflet on the differences between mental illness and intellectual disability. This leaflet is available in English, French, Slovenian, Estonian, Macedonian, Hungarian, Czech, Bulgarian, Romanian and Polish.

The target groups are health professionals (general practitioners, nurses, social workers) and teachers.

5. MHE'S EXTERNAL ACTIVITIES

5.1. World Health Organization

Mental Health Europe is in official relation with the World Health Organization – Regional Office for Europe (WHO/EURO). In this capacity, MHE, represented by John Henderson, has been invited to several meetings and been involved in many initiatives.

John Henderson represented MHE at 3 meetings of the Steering Committee of the WHO Ministerial Conference on Mental Health: "Facing the challenges, building solutions", Helsinki, January 2005. He contributed to the preparation of the programme and to the discussions on the representation and involvement of NGOs in the conference.

As a member of the Task Force on National Assessments of Mental Health Services, John Henderson represented MHE in the WHO Assessment Mission of Mental Health in Slovakia (18-22 June). He contributed to the preparation of the WHO report on the formulation of Recommendations for the improvement of the mental health system in Slovakia. The assessment was conducted by WHO/Euro Regional Adviser for Mental Health and was organised with the support of the WHO Liaison Office in Slovakia and the WHO/Euro counterpart for mental health. Visits were arranged in various psychiatric and mental health services and meetings were held with professionals, policy makers from various ministries, NGO representatives, user organisations and other stakeholders.

Pascale Van den Heede and Roxana Radulescu represented MHE at a meeting of the WHO Network for Suicide Prevention in Stockholm, 9 September, and presented the draft paper "Guidelines for country-based Suicide Prevention Programmes". During spring 2003, the Network actively contributed to this project by providing, through replies to a questionnaire, valuable information on initiatives and interventions on suicide prevention in their countries and copies of strategies for suicide prevention in the WHO European Region.

MHE Board member Karl Dantendorfer represented MHE at the 53rd session of the WHO Regional Committee for Europe in Vienna, 8 September, and presented MHE activities and projects. MHE was asked to attend this meeting as a specially invited guest, together with the European Commission and the Council of Europe. MHE was the only NGO solicited to speak at the session dedicated to mental health.

Roxana Radulescu represented MHE at the 6th meeting of European National Counterparts for the WHO/Euro Mental Health Programme in Madrid, 28-30 April, and at the 7th meeting of European National Counterparts in Copenhagen, 11-13 December. She was invited to attend both meetings as rapporteur. The report of the Madrid meeting is already available on the WHO/Euro website : <http://www.euro.who.int/document/e81234.pdf>, and was published and distributed across WHO/Euro countries. The role of the Network of European National Counterparts is to provide the necessary liaison between the Regional Adviser for Mental Health and the Ministry of Health and Mental Health services in these countries. The counterparts meet twice a year to provide an update on the situation in their countries, to discuss on specific topics and share information and experiences.

5.2. Council of Europe

Mental Health Europe is one of about 380 NGOs that enjoy the participatory status with the Council of Europe. Another important fact is that MHE is one of a much smaller handful of organisations that have been given the right to submit collective complaints for abuse of human rights.

MHE is seen at the Council of Europe as one of the important partners in participatory status.

The Council of Europe brings together 45 member countries and its objective is to guarantee human rights and fundamental freedom. The Council of Europe aims to:

- Protect human rights and pluralist democracy
- Promote awareness for Europe's cultural identity and diversity
- Seek solutions for problems of discrimination, xenophobia, intolerance, AIDS, drugs, crime, etc.
- Help consolidate stability in Europe.

- **Towards full participation of people with disabilities**

On 29 January the Parliamentary Assembly of the Council of Europe approved the Recommendation "Towards full inclusion of people with disabilities". The document, which was influenced by the European Disability Forum (and Mental Health Europe as an active member of EDF), includes many references to the European Year of People with Disabilities 2003 and to the Madrid Declaration on social inclusion.

The adoption of this recommendation and the close co-operation developed with the Council of Europe is a significant step for the promotion and protection of the most fundamental rights of people with disabilities. Mental Health Europe and several other member organisations of EDF, were invited to the Parliamentary Assembly meeting, where this key document was officially adopted. MHE President Leo de Graaf signed the Recommendation on behalf of Mental Health Europe.

- **Protection and Promotion of the Human Rights of persons with mental disabilities**

The Commissioner for Human Rights of the Council of Europe, Mr Alvaro Gil-Robles organised a seminar on the theme "The protection and promotion of persons with mental disabilities" in Copenhagen, Denmark, 6-7 February 2003. The conference was attended by representatives of the Council of Europe Member States, international organisations, non-governmental organisations and independent experts. On the basis of the conclusions reached in discussion and debate of five topics, the Commissioner has presented 15 Key Recommendations to be presented to the Council of Ministers and the Parliamentary Assembly of the Council of Europe. Mental Health Europe was represented by John Henderson, who participated in the five topic areas: Mental Health and Human Rights, Restrictions on Liberty, Integrity and Dignity, Equality, Non Discrimination and Social Justice, and Implementation of Human Rights Policies.

- **2nd European Conference of Ministers responsible for Integration Policies for people with disabilities**

On 8 May, the 2nd European conference of Ministers responsible for Integration Policies for people with disabilities, adopted the Malaga Ministerial Declaration on people with disabilities "Progressing towards full participation as citizens". This Declaration sets the cornerstones for a European Action Plan to be developed during 2003 and to be implemented in the next decade.

The Malaga conference set numerous goals which the participants intend to realise both in their respective countries and in the framework of the Council of Europe: more intensive consultation of people with disabilities on the framing of the policies concerning them, mainstreaming new issues such as the situation of women with disabilities or integration of children with disabilities into the 'normal' school environment.

The Council of Europe has been given the task of drawing up an "action plan" itemising all the recommended measures. This document would constitute a new European policy framework for the next decade and would be based on human rights and partnerships between the various players, to make sure that disabled people enjoy full citizenship.

5.3. European Commission

5.3.1. DG Employment and Social Affairs

5.3.1.1. European Year of People with Disabilities 2003

Mental Health Europe contributed actively in various events organised in the framework of European Year of People with Disabilities 2003, and encouraged its members via its Newsletter and separate mailings to show that Mental Health Europe had an active role to play in this context.

Nearly all MHE's member associations have organised special activities to celebrate the European Year. Giving you an overview of all these events in this annual report would lead us too far. A selection of the most significant events has been published in the European Disability Forum's Bulletin N° 01-2004.

5.3.2. DG Health and Consumer Protection (Sanco)

5.3.2.1. EC Mental Health Working Party

The European Commission – DG Sanco established seven Working Parties for the duration of the Programme of Community Action in the field of Public Health (2003-2008), one of which is the Mental Health Working Party.

The Working Parties are created for the duration of the Public Health Programme 2003-2008 and are planned to meet twice a year.

The task of the Mental Health Working Party is to assist in the implementation of the health information and knowledge strand of the Public Health Programme and provide a forum for discussion to exchange knowledge and experiences on mental health and to contribute to the improvement, knowledge and promotion of a positive mental health and well-being.

The members of the mental Health Working Party consist of contract holders in the field of mental health information and mental health promotion, and competent stakeholders in the area of mental health, such as International Organisations, NGOs and patient representatives.

The first meeting was held in Luxembourg on 25-26 November 2003. John Henderson represented Mental Health Europe.

He introduced the project "Mental Health promotion and prevention strategies for coping with anxiety, depression and stress-related disorders in Europe" (2001-2003) and made an outline of various EC funded projects on children and adolescents' mental health.

The new project "Implementation of mental health promotion and prevention strategies in EU Member States and in applicant countries", that is expected to start in 2004 under MHE co-ordination, was also presented.

The main activities developed within the project Mental Health Economics were underlined by David Mcdaid (LSE – Health and Social Care).

Kristian Wahlbeck (STAKES, Finland) was appointed the leader of the Mental Health Working Party, while John Henderson was designated as the deputy.

5.3.2.2. European Health Forum

The EU Health Forum is an information and consultation mechanism involving stakeholders in the health field, which aims to ensure that the EC's health strategy is transparent and responds to the public concerns. It is composed of three complementary elements: a Health Policy Forum, an Open Forum and a Virtual Forum.

Its aim is to provide an opportunity to representative organisations of patients, health professionals and other stakeholders, such as health service providers, to make contributions to health policy development, its implementation and the setting of priorities for action.

The meeting of the Health Policy Forum, held on 5 December, focused on the following main issues: Public Health Programme 2003, Work Plan 2004 and the Health Strategy Communication; mobility of health professionals; High Level Reflection Process on Patient Mobility; pharmaceuticals, information to patients and health professionals; preparations for the Open Forum meeting; Forum membership. The Commission announced that it would publish a Communication on European health strategy during the first quarter of 2004. It will feature Commission activities on health issues since 2000 and will outline possible future actions.

DG SANCO outlined the conclusions of the High-Level Reflection Group Process on Patient Mobility that ended on 8 December. The Commission will prepare a Communication in response to the reflection process early in 2004. The Health Policy Forum will prepare a response to the Communication. DG SANCO gave an update on the preparations of an Open Forum meeting, scheduled for 29 April 2004, on the theme "Health in an enlarged Europe" (title to be confirmed). Forum members were invited to give their viewpoints on the theme and structure of the Open Forum meeting, and on selection of participants. Finally, there was a brief discussion on current Health Policy Forum membership and applications. The debate on this issue will continue at the next meeting in June 2004.

Carole Défossé attended the meeting on behalf of Mental Health Europe.

More information about the EU Health Forum is available at:

<http://forum.europa.eu.int/Public/irc/sanco/ehf/library>

5.4. European Parliament

MHE has regular individual contacts with Members of the European Parliament.

- **EP Health Intergroup**

Mental Health Europe was invited at a EU seminar on Social Exclusion organised by EuroHealthNet on 24 June 2003, to make a presentation to the members of the Health Intergroup. Josée Van Remoortel stressed the discrimination that people with mental health problems are facing, even in the health sector, discrimination which always leads to exclusion from society. Liz Lynne MEP chaired the meeting.

- **EP Disability Intergroup**

On 9 July Josée Van Remoortel was invited to join the European Disability Forum and a restricted number of European NGOs for a workshop on "Chronic Illness and Disability". The lack of financial support for co-ordination, information and awareness raising was stressed by the different groups. Richard Howitt MEP and Liz Lynne MEP chaired the meeting.

5.5. Relations with other Networks

5.5.1. World Federation for Mental Health

The World Federation for Mental Health (WFMH) is globally an advocacy and educational organisation. Its efforts in these respects are aimed at the United Nations, governmental agencies, public and private institutions and general public. They are carried out through regional conferences, biennial world congresses, individual discussions, consultation on request and a yearly World Mental Health Day, on 10 October, co-sponsored by the World Health Organization.

The theme of World Mental Health Day 2003 was the Emotional and Behavioural Disorders of Children and Adolescents.

Through its Newsletter and separate mails, MHE encouraged its members to either plan or participate in events such as conferences, seminars etc. which would help to raise awareness on this important topic.

- **Board Meeting of WFMH**

Traditionally the Board of WFMH meets before and after the Biennial Conference. This tradition was pursued also in Melbourne. In between these two meetings, new Board Members-at-large were elected during the General Assembly. One of them is MHE-Board member Brian Howard from Ireland. The elections of the new Vice-Presidents (one for each of the nine Regions of WFMH) had taken place already some months ago.

For Europe the President of MHE was elected as Vice President of the WFMH. Pirkko Lahti, MHE member from Finland and former President of MHE, handed over the Presidency of WFMH to Dr. Patt Franciosi, a Psychologist from the USA. A new President-elect was chosen: Shona Sturgeon from South Africa.

- **Joint WFMH/WHO project in collaboration with MHE**

The World Federation for Mental Health (WFMH) and the World Health Organization (WHO) have fostered and encouraged the development of promotion activities throughout the world for many years, and are aware that much good work is being done in this field. WFMH and the Department of Mental Health and Substance Dependence/WHO are now collaborating on a project to collect, review and publish examples of successful and interesting Mental Health Promotion Programmes in order to produce a document that others can use in their own communities and countries. It will also seek to identify future mental health promotion goals, strategies and activities of governmental and non-governmental organisations (NGOs) and the steps that are being proposed in order to reach these goals. MHE was responsible for information from the European Region.

5.5.2. European Disability Forum

2003 was a very crucial year for the European Disability Forum and all the disability NGOs. José Van Remoortel was MHE's representative at the Board and General Assembly (Thessaloniki and Genova) and participated in the Opening Ceremony of the European Year of People with Disabilities in Athens on 25 January 2003.

The Closing Ceremony was held in Rome on 4 December.

An important event was the Disabled People's Parliament, held at the European Parliament in Brussels on 10-11 November.

Mental Health Europe's role is mainly to mainstream Mental Health in all EDF's activities and to stress the double discrimination faced by people with mental health problems in their daily life.

EDF Committee on Complex Dependency Needs:

Josée Van Remoortel participated in the meetings of this Committee.

The Council of Europe's Action Plan on people in need of high level of support.

A joint meeting was organised with the Human Rights Committee. This was very helpful and gave us the opportunity to look at the specific needs of people with complex dependency needs in the United Nations Human Rights Declaration.

5.5.3. Social Platform

The Platform of European Social NGOs, regrouping 39 European NGOs, was very active in influencing the drafting group for the new "Convention for the future of Europe", and on the implementation of the Lisbon Strategy on Social Inclusion.

MHE encouraged its members to support the action "A Social Europe is a must!", launched by the Platform, the European Trade Union Confederation and politicians, as part of the act4europe campaign. The Platform's action underlines that more attention must be given to social rights, social protection, equality and non-discrimination and that clear EU decision-making and a more democratic Europe are also vital.

Mental Health Europe, represented by Josée Van Remoortel, is member of the General Assembly and Steering Group that meets 4 times a year.

The Social Platform Committee on Enlargement meets 2 times a year and Peter Kampman, MHE Board member, represents MHE in this Committee. The Committee on Enlargement aims to facilitate contacts with NGOs in accession countries and to share with this sector in those countries the issues on which the Platform is currently working. The Committee is also concerned with the issue of what is needed to facilitate the development of the NGO sector in accession countries. The Platform organised a study visit in on 18-20 September, Prague, Czech Republic. As Mental Health Europe's representative on the Enlargement Committee, Peter Kampman attended the study visit in Prague.

5.5.4. European Public Health Alliance (EPHA)

The European Public Health Alliance is a European NGO representing approximately 80 NGOs working in the health sector. EPHA aims to promote and protect the health interests of all people living in Europe and to strengthen the dialogue between the EU institutions, citizens and NGOs in support of healthy public policies.

Besides the regular contact EPHA has with both the European Commission and European Parliament, EPHA organised consultation among its membership and organises policy co-ordinating working groups.

Pascale Van den Heede and Roxana Radulescu participated in the EPHA Policy meetings. Both also attended the General Assembly.

5.6. Participation in conferences and meetings

Mental Health Europe was represented at many meetings, conferences and events in 2003:

- 10 January: meeting with Françoise Jan, President, and Geert Freyhoff, Director of Inclusion Europe, to discuss the issues on which both organisations could collaborate – Pascale Van den Heede and Mary Van Dievel
- 11 January: meeting of the EDF Committee on Complex Dependency Needs – Josée Van Remoortel
- 14 January: meeting with President Leo de Graaf, Senior Policy Adviser Josée Van Remoortel, Executive Director Pascale Van den Heede and Office Manager Mary Van Dievel
- 15 January: meeting with Wolfgang Rutz, WHO/Euro, Copenhagen – Leo de Graaf
- 15 January: EPHA Policy Committee meeting – Pascale Van den Heede
- 22 January: meeting with European Hospitals Federation (HOPE), Leuven re. Harassment project – Karl Andriessen
- 23 January: meeting with partners of the Horizons project (Leonardo), Brussels – Karl Andriessen
- 23 January: conference on "Invisible Children" organised by Save the Children, Brussels – Kirsten Zenzinger
- 26 January: launch of the European Year of People with Disabilities, Athens – Josée Van Remoortel and Virpi Vesterinen
- 28 January: meeting on Disabled People in institutions, organised in Brussels by the European Disability Forum – Josée Van Remoortel
- 29 January: preparatory meeting re. Suicide Prevention project, Brussels – John Henderson, Pascale Van den Heede and Karl Andriessen
- 31 January-1 February: Consortium Executive Committee meeting of the EU project on Mental Health Promotion and Prevention Strategies for coping with Anxiety, Depression and Stress-related Disorders, Brussels – John Henderson, Pascale Van den Heede, Kirsten Zenzinger
- 5 February: meeting with Wallis Goelen, Director of the Non Discrimination Unit, DG Employment and Social Affairs, European Commission – Josée Van Remoortel and Pascale Van den Heede

- 6-7 February: Council of Europe seminar on the Protection of the Human Rights of people with mental disabilities, in co-operation with WHO/Euro, Copenhagen – John Henderson
- 7-8 February: Partners co-ordination meeting for the EU project on Harassment and Discrimination faced by people with psychosocial disability in health services, Brussels – Karl Andriessen, Josée Van Remoortel, Pascale Van den Heede
- 17-23 February: WFMH Board meetings and world congress on "Partnerships in Health", Melbourne – Leo de Graaf
- 19 February: preparatory meeting for the De-institutionalisation project with Inclusion Europe and other ENGOs, Brussels – Josée Van Remoortel
- 21 February: meeting with Nace Kovac, SENT, for the preparation of MHE's conference 2004, Brussels – Pascale Van den Heede, Josée Van Remoortel, Mary Van Dievel
- 24 February: meeting of the Social Platform Steering Committee, Brussels – Josée Van Remoortel
- 26 February: meeting of the Social Platform Enlargement Committee, Brussels – Peter Kampman
- 28 February – 2 March: European Disability Forum Board meeting, Thessaloniki, Greece – Josée Van Remoortel
- 3-4 March: planning meeting for the Bilbao conference on "Mental Health in Europe, New Challenges, New Opportunities", Brussels – John Henderson
- 5 March: European Public Health Alliance Policy Co-ordination group, Brussels – Roxana Radulescu
- 10 March: meeting with FNAP-Psy in the framework of the Harassment project, Paris – Karl Andriessen
- 19-20 March: conference organised by the European Commission on "Mid-Term Review of the Social Policy Agenda: achievements and perspectives, Brussels – Pascale Van den Heede on 19; Roxana Radulescu on 20 March
- 20 March: Information Day on new Public Health Programme, organised by DG Sanco, European Commission, Luxembourg – Pascale Van den Heede
- 21-22 March: Social Platform General Assembly, Brussels – Josée Van Remoortel
- 27-29 March: EU Presidency conference on Mental Illness and Stigma, facing up the challenges of social inclusion and equities, Athens, Greece – John Henderson
- 28 March – 2 April: partners meeting of the Grundtvig project "Parents School", Brussels – Roxana Radulescu
- 3-4 April: meeting on MHE project on Suicide Prevention at Belgian Federal Health Ministry, Brussels – John Henderson, Pascale Van den Heede
- 11 April: meeting with Peter Paulus re. Partnership for Children project, Brussels: Pascale Van den Heede
- 11-12 April: meeting Consortium Executive Committee of Depression project, Brussels – John Henderson, Pascale Van den Heede, Kirsten Zenzinger
- 22 April: inauguration of new offices European Disability Forum, Brussels: Mary Van Dievel
- 25-26 April: conference FEFES (Spanish Relatives organisation), Tenerife: Josée Van Remoortel
- 28-30 April: 6th meeting of the national counterparts for the WHO European Mental Health Programme, Madrid, Spain – Roxana Radulescu
- 5 May: meeting with Karl Kuhn and Nathalie Henke from BAUA, to prepare new application in framework of Public Health Programme, Brussels – John Henderson, Pascale Van den Heede, Mary Van Dievel
- 7-8 May: 2nd Council of Europe Conference of Ministers responsible for Integration Policies for People with Disabilities, Malaga, Spain – Leo de Graaf
- 7 May: Parliament meeting on Social Exclusion, Brussels – John Henderson
- 17-18 May: MHE Board meeting, Brussels
- 20 May: meeting with Flaminia Bussacchini, Disability unit, DG Employment and Social Affairs, European Commission, Brussels – Pascale Van den Heede and Mary Van Dievel
- 23-25 May: EDF General Assembly, Athens, Greece – Mary Nettle
- 23-24 May: Partners co-ordination meeting for Harassment project, Brussels – Leo de Graaf, Karl Andriessen, Roxana Radulescu

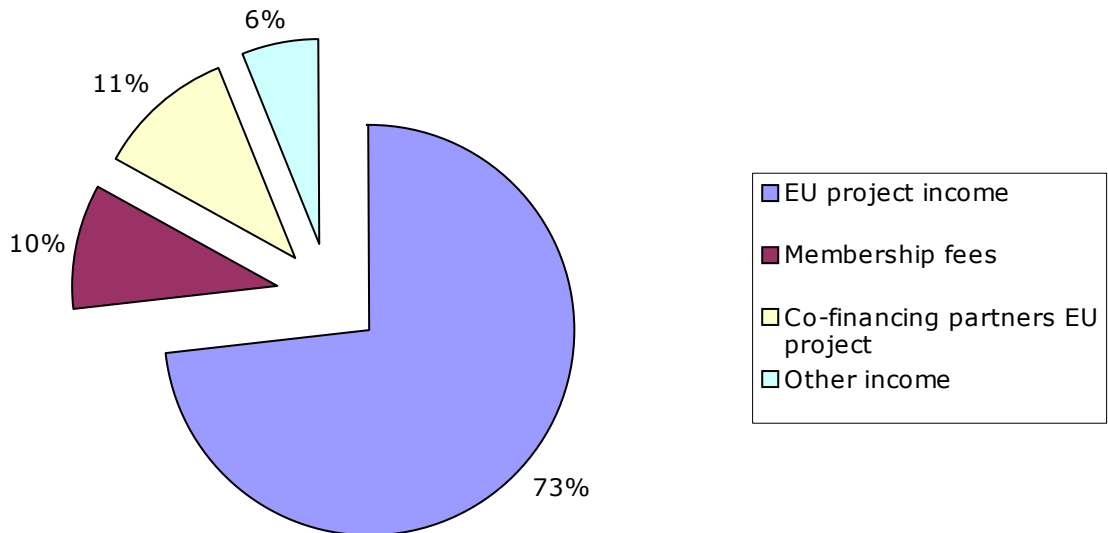
- 27 May: preparatory meeting Disabled People in Institutions project, Brussels – Josée Van Remoortel
- 30 May: International Conference on mental Health Economics and Policy in a Global Context, London, LSE – Roxana Radulescu
- 3 June: Social Platform Enlargement Committee meeting, Brussels – Peter Kampman
- 6-7 June: network meeting for Mental Health Economics project, Brussels – John Henderson, Roxana Radulescu, Pascale Van den Heede
- 12 June: European Public Health Alliance General Assembly, Brussels – Pascale Van den Heede, Roxana Radulescu
- 13 June: workshop on “Effective patients’ treatment”, organised European patients groups in co-operation with the European federation of Pharmaceutical Industries and Associations, Brussels – Pascale Van den Heede
- 13-14 June: project meeting “Report on the State of Mental Health in EC”, Paris – John Henderson
- 16 June: Social Platform Steering group meeting, Brussels – Josée Van Remoortel
- 17 June: meeting re. follow-up Harassment project : Karl Andriessen, Josée Van Remoortel
- 17 June: launch of MDAC’s report on “Cage Beds : Inhuman and Degrading Treatment in 4 accession countries”, European Parliament, Brussels – Pascale Van den Heede
- 17-18 June: WHO briefing meeting for the WHO Assessment Assignment Task Force – Bratislava, Slovakia – John Henderson
- 18 June: Social Platform Social Policy Working group, Brussels – Karl Andriessen
- 20 June: meeting with Cliëntenbond in the framework of the Harassment project, Utrecht, Netherlands – Karl Andriessen
- 20-23 June: meeting of the WHO Task Force on Assessment Assignment, Bratislava, Slovakia – John Henderson
- 3-4 July: meeting as Adviser to the German National Programme on Suicide Prevention, Berlin, Germany - John Henderson
- 5 July: meeting of the Steering group for the Suicide Prevention project, Berlin, Germany – John Henderson, Karl Andriessen, Pascale Van den Heede
- 8 July: press event re. Depression project, European Parliament, Brussels – Pascale Van den Heede, Kirsten Zenzinger, Katherine Weare
- 9-12 July: project meeting “Report on the state of mental health in the EC” and meeting of the WPA section on Psychiatric Epidemiology, Paris, France – John Henderson
- 22-23 July: meeting at European Commission re. EC report on Depression, Luxembourg – John Henderson
- 1-2 August: Briefing meeting re. Bilbao conference, Brussels – John Henderson
- 11 August: meeting with Rodney Elgie, Gamian, re. possible collaboration, Brussels – Pascale Van den Heede and Leo de Graaf
- 11 August: meeting with Luigi Leonori, SMES Europe, re. collaboration, Brussels – Leo de Graaf, Pascale Van den Heede
- 11-13 August: Planning meeting for proposed EC project on mental health promotion in the West Balkans, Athens, Greece – John Henderson
- 20 August: meeting re. Harassment project with Chantal Van Audenhove, expert Lucas Instituut, Brussels – Josée Van Remoortel, Pascale Van Audenhove, Karl Andriessen
- 4-6 September: 1st partners meeting for EU project “Integrating Mental Health Promotion Interventions”, Barcelona, Spain – John Henderson
- 6-7 September: EDF Complex Dependency Needs Committee meeting and Human Rights Committee meeting, Brussels – Josée Van Remoortel
- 8-9 September: WHO Regional Committee for Europe meeting, Vienna, Austria – Karl Dantendorfer
- 8 September: meeting re. Non Discrimination projects, organised by DG Employment and Social Affairs, European Commission, Brussels – Kirsten Zenzinger
- 9 September: Suicide Prevention meeting, Stockholm, Sweden – Pascale Van den Heede and Roxana Radulescu
- 22 September: Social Platform Enlargement Committee meeting, Brussels – Peter Kampman

- 29-30 September: meeting of the WHO Steering Committee to prepare the Helsinki Ministerial Conference Jan. 2005, Helsinki, Finland – John Henderson
- 29 September: Writers workshop on ADHD, Paris, France – Leo de Graaf
- 2-8 October: European conference on “Social Economy – European Social Firms – Cooperatives: What – How – Why”, organised by CEFEC, Athens, Greece – Bob Grove
- 2 October: meeting with Clemens Hosman, President of Clifford Beers Foundation, Nijmegen, Netherlands – Leo de Graaf
- 3-4 October: Partners co-ordination meeting EU project on Harassment and Discrimination, Brussels – Josée Van Remoortel, Pascale Van den Heede, Kirsten Zenzinger
- 9-11 October: EC conference “Mental Health in Europe: New Challenges, New Opportunities”, Bilbao, Spain – Karl Dantendorfer, Leo de Graaf, John Henderson, Roxana Radulescu, Pascale Van den Heede
- 12 October: meeting of the Drafting Group on the preparation of the EC report on Depression, Bilbao, Spain – John Henderson
- 14-15 October: Management Committee meeting for the Disabled People in Institutions project, Brussels – Josée Van Remoortel
- 16-17 October: 2nd Round Table on Poverty and Social Exclusion, Turin, Italy – Luigi Leonori
- 20 October: MHE Board meeting and General Assembly, Paris, France
- 21-22 October: 2nd Citizens Forum on Mental Health, Paris, France – Josée Van Remoortel, Pascale Van den Heede, Leo de Graaf, Brian Howard, Peter Kampman, Mary Van Dievel
- 25-26 October: EDF Board meeting and Financial Committee meeting, Genova, Italy – Josée Van Remoortel
- 29 October: EPHA Policy Committee meeting, Brussels – Pascale Van den Heede
- 6 November: meeting with HOPE and PCN Standing Committee of Nurses in the framework of the Harassment project, Brussels – Kirsten Zenzinger
- 10-11 November: Disabled People’s Parliament, organised by the European Commission, Brussels – Mary Nettle
- 18 November: meeting with T.O. Vaaland, Norwegian Council for Mental Health, Brussels – Leo de Graaf, Pascale Van den Heede
- 18-19 November: meeting of the German National Programme on Suicide Prevention, Berlin, Germany – John Henderson
- 24-25 November: meeting of the Drafting Group on the EC report on Depression, Luxembourg – John Henderson
- 25 November: meeting with Standing Committee of Doctors in the framework of the Harassment project, Brussels – Kirsten Zenzinger
- 27 November: meeting with National Disability Councils in the framework of EDF’s Capacity Building project, Brussels – Roxana Radulescu
- 27-28 November: 1st meeting of the Research Committee for the Included in Society project, Brussels – Peter Kampman, Mary Van Dievel
- 28 November: meeting of the Management Committee for the Included in Society project, Brussels – Josée Van Remoortel
- 2 December: visit to Institut Wallon pour la Santé Mentale, Namur, Belgium – Pascale Van den Heede
- 5 December: meeting of the Health Policy Forum, Brussels – Carole Défossé
- 8 December: meeting re. Suicide Prevention Guidelines project, Brussels – John Henderson, Pascale Van den Heede, Roxana Radulescu
- 8 December: Social Platform Steering Committee meeting, Brussels – Josée Van Remoortel
- 9 December: Social Platform Enlargement Committee meeting, Brussels – Peter Kampman
- 9 December: meeting re. Included in Society project, Brussels – Josée Van Remoortel, Pascale Van den Heede, Josée Van Remoortel, Mary Van Dievel
- 9-10 December: visit to the Department of Psychiatry of the Lübeck University – John Henderson

- 11-13 December: meeting of WHO National Counterparts for the WHO European mental health programme, Copenhagen, Denmark – John Henderson, Roxana Radulescu
- 13 December: 6th meeting of the WHO Steering Committee for the Ministerial conference Helsinki, Jan. 2005, Copenhagen, Denmark – John Henderson
- 13-14 December: informal meeting of the Drafting group for the EC report on Depression, Copenhagen, Denmark – John Henderson

6. Finances

Income 2003



Expenditure 2003

